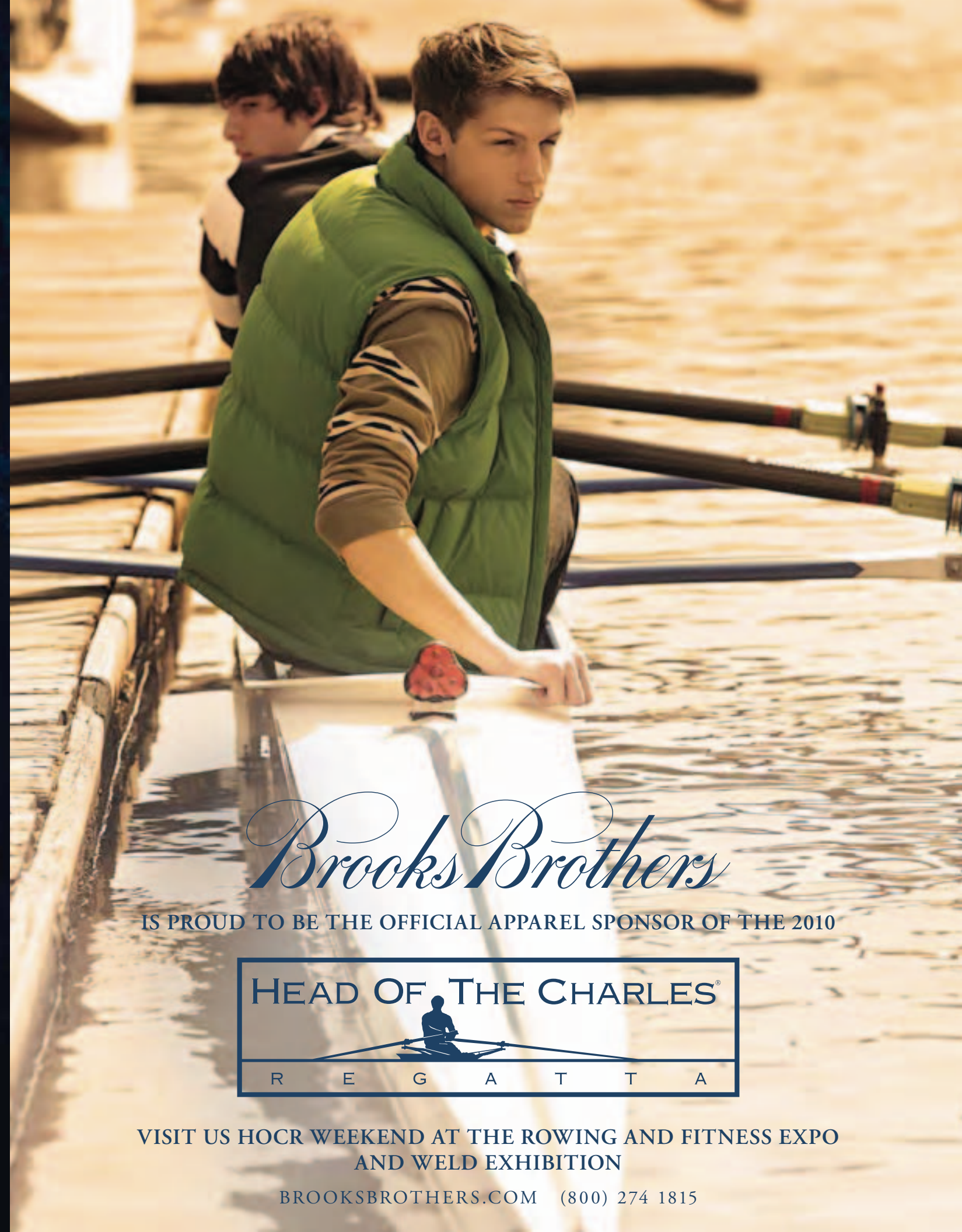




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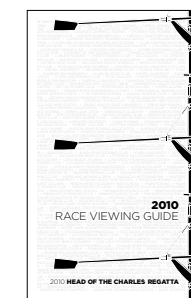
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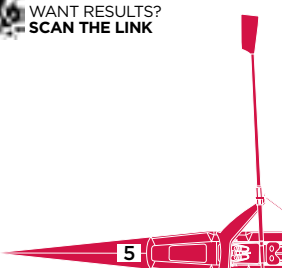


INSIDE
PULLOUT
2010 RACE VIEWING GUIDE



WANT RESULTS?
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← LIONS OF WINTER





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WELCOME

A LETTER FROM THE MANAGING DIRECTOR

EDWARD J. SMITH, JR.

Welcome to the 46th edition of the Head Of The Charles Regatta. It is my distinct pleasure to welcome you to Boston and this weekend's activities. On behalf of the Regatta's five Managing Directors—Katherine Kirk, John Lambert, Chuck Pieper, Roger Borggaard, and me—as well as the office team of CFO Tom Martin, executive director Fred Schoch, director of operations Lib Diamond and assistant director Mason Cox, we are excited to share our love of rowing with you this fall season.

The 2009 HOCHR will forever be remembered as the year of the Great Eights filled with international rowing luminaries and of the culminating, end-of-the-day, surprise snow squall on Sunday.

The drama of the men's Great Eight flying up the course, rudderless from about Magazine Beach onward, and its concluding arm-drenching steering job by a brave and brilliant coxswain on the Cambridge Boat Club turn will be indelibly sketched in our minds. How could they have possibly won with such drag-inducing navigation? Those who had the privilege of watching the Championship 8+ races would certainly agree that these international ensemble crews were a rare tour de force not to be seen again for some years. >

PHOTO: IGOR FISHER

2010 HEAD OF THE CHARLES

7

> The late-day snow squall, while making for some historic photographs framed by seemingly pancake-sized snowflakes, proved to be less a romantic Currier and Ives backdrop and more an arctic experience for those engaged in the final races. Well done to all those athletes who nearly froze waiting for the start and did freeze trying to re-rig their boats in the dark and frigid cold.

This year racing will be more like a throwback to the 80s when undergraduates ruled the day and an occasional national team boat, racing under a pseudonym of a borrowed club title such as Penn AC or Ridley College, challenged the field. Of course, since the 80s we

ous and hardworking volunteers, Race Operations Group and Race Committee. Thanks to the precise and analytical leadership of Senior Race Director Alan Day and co-chair Dennis Hickey, innovation and tireless planning have been charted throughout the year. Working alongside them has been a committed group of co-chairs who manage the Race Operations team. Congratulations to these rowing zealots for all their hard work during the year!

Every spectator and athlete should know that over 1,400 volunteers sign up for work shifts to cover important operation areas of the Regatta. There are countless tasks involved in the execution of the event; the life of the Regatta truly is the steady heartbeat of thousands of volunteers who freely give their service and energy. Please take a moment to thank them in your interactions this weekend.

Finally, I want to recognize and give thanks to the full

board of directors of the Head Of The Charles for their continued guidance and counsel in plotting the course of this cherished event. The Head Of The Charles holds a unique position in the world of rowing and it is in no small part due to the skillful and generous leadership of the entire board.

We hope you enjoy the culmination of our collective labor this weekend and that spectators, competitors and families alike will relish all aspects of what has become one of Boston's signature special events.

Thanks again for being a part of *America's Fall Rowing Festival*.

Row well, 

Ed Smith

EDWARD J. SMITH, JR. IS A LONGTIME REGATTA VISIONARY, CURRENT SECRETARY, AND CHAIRMAN OF THE BOARD OF DIRECTORS, AND FERVENT MASTER SCULLER.

Over 1,400 volunteers sign up for work shifts to cover all operation areas of the Regatta.

now have many new events for Youth, Collegiate, Masters and the ever-popular Directors' Challenge Events: the Mixed Doubles, Quads and Parent/Child Double. The Alumni Eights, newly created last year, have seen an unprecedented spike in popularity and have brought many "old oars" together again on the river to compete for their school/college.

New in 2010, the Directors of the Head Of The Charles are pleased to announce the addition of the Mixed Gender LTA 4+ adaptive rowing event. This new race format will feature athletes with a verifiable and permanent disability who have functional use of their legs, trunk and arms and can utilize the sliding seat to propel the boat. Look for this event at 0800 on Sunday morning.

Once again, the overwhelming success of the Head Of The Charles over the years is due in large part to our gener-

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HEAD OF THE CHARLES REGATTA

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The 2011 Head Of The Charles Regatta will take place on Saturday and Sunday, October 22-23, 2011. For more information call the Head Of The Charles general information number, 617 868-6200, visit www.hocr.org or email regatta@hocr.org

2010 PROGRAM PRODUCTION

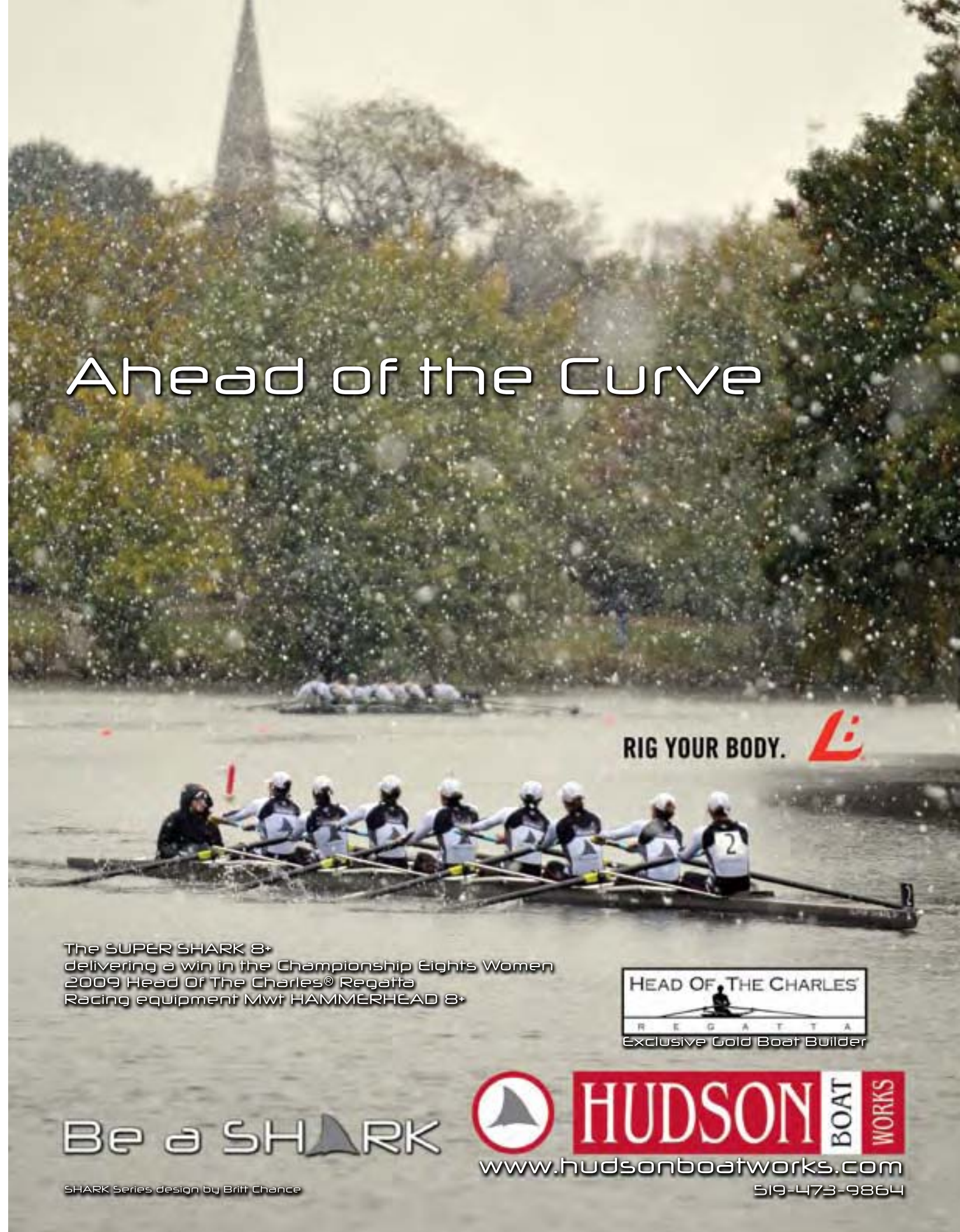
DESIGN

Carlos Ridruejo@Caridossa.com

PHOTOGRAPHY

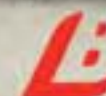
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SATURDAY EVENTS

ORDER OF EVENTS SATURDAY, OCTOBER 23, 2010

1	Grand-Master Men's Singles 50+ (1x)	8:00 AM
2	Grand-Master Women's Singles 50+ (1x)	8:32 AM
3	Senior-Master Men's Singles 40+ (1x)	8:57 AM
4	Senior-Master Women's Singles 40+ (1x)	9:11 AM
5	Senior-Master Men's Eights 50+ (8+)	9:28 AM
6	Senior-Master Women's Eights 50+ (8+)	9:44 AM
7	Senior-Master Men's Fours 50+ (4+)	9:59 AM
8	Senior-Master Women's Fours 50+ (4+)	10:14 AM
9	Senior-Master Men's Doubles 50+ (2x)	10:30 AM
10	Senior-Master Women's Doubles 50+ (2x)	10:46 AM
11	Alumni Men's Eights (8+)	11:08 AM
12	Alumnae Women's Eights (8+)	11:27 AM
13	Club Men's Singles (1x)	11:41 AM
14	Club Women's Singles (1x)	12:00 PM
15	Club Men's Fours (4+)	12:19 PM
16	Club Women's Fours (4+)	12:46 PM
17	Club Men's Eights (8+)	1:14 PM
18	Club Women's Eights (8+)	1:30 PM
19	Master Men's Doubles 40+ (2x)	1:48 PM
20	Master Women's Doubles 40+ (2x)	2:00 PM
21	Master Men's Fours 40+ (4+)	2:17 PM
22	Master Women's Fours 40+ (4+)	2:30 PM
23	Master Men's Eights 40+ (8+)	2:49 PM
24	Master Women's Eights 40+ (8+)	3:02 PM
25	Championship Men's Doubles (2x)	3:16 PM
26	Championship Women's Doubles (2x)	3:26 PM
27	Collegiate Men's Fours (4+)	3:41 PM
28	Collegiate Women's Fours (4+)	3:56 PM
29	Championship Men's Singles (1x)	4:13 PM
30	Championship Women's Singles (1x)	4:24 PM
DP	Directors' Challenge Parent/Child Doubles (2x)	4:34 PM
DX	Directors' Challenge Mixed Doubles (2x)	4:51 PM
	Awards Ceremony for Events 1 - 30	6:00 PM



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← GEORGE WASHINGTON STRIPES

SUNDAY EVENTS

ORDER OF EVENTS SUNDAY, OCTOBER 24, 2010

31	LTA Mixed Gender Fours (4+)	8:00 AM
32	Senior-Veteran Men's Singles 70+ (1x)	8:14 AM
33	Senior-Veteran Women's Singles 70+ (1x)	8:37 AM
34	Veteran Men's Singles 60+ (1x)	8:58 AM
35	Veteran Women's Singles 60+ (1x)	9:22 AM
QW	Directors' Challenge Women's Quadruples (4x)	9:40 AM
36	Master Men's Singles 30+ (1x)	9:53 AM
37	Master Women's Singles 30+ (1x)	10:05 AM
38	Youth Men's Fours (4+)	10:25 AM
39	Youth Women's Fours (4+)	10:53 AM
40	Youth Men's Doubles (2x)	11:22 AM
41	Youth Women's Doubles (2x)	11:42 AM
42	Lightweight Men's Singles (1x)	12:08 PM
43	Lightweight Women's Singles (1x)	12:20 PM
44	Youth Men's Eights (8+)	12:39 AM
45	Youth Women's Eights (8+)	1:04 PM
QX	Directors' Challenge Mixed Quadruples (4x)	1:40 AM
46	Collegiate Men's Eights (8+)	1:57 PM
47	Collegiate Women's Eights (8+)	2:15 PM
48	Championship Men's Fours (4+)	2:33 PM
49	Championship Women's Fours (4+)	2:40 PM
50	Championship Men's Eights (8+)	2:55 PM
51	Championship Women's Eights (8+)	3:09 PM
QM	Directors' Challenge Men Quadruples (4x)	3:24 PM
52	Lightweight Men's Fours (4+)	3:38 PM
53	Lightweight Women's Fours (4+)	3:46 PM
54	Lightweight Men's Eights (8+)	4:02 PM
55	Lightweight Women's Eights (8+)	4:11 PM

Awards Ceremony for Events DP - 45 3:00 PM

Awards Ceremony for Events 46 - 54 5:30 PM



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GLOSSARY

ROWING TERMINOLOGY

Bow The forward section of the boat. The first part of the boat to cross the finish line.

Bow number A card holding the number assigned to each boat for a race.

Bow seat The rower closest to the front or bow of a multi-person shell. In coxless boats, often the person who keeps an eye on the water behind themselves to avoid accidents.

Coxbox Portable voice amplifier; may also incorporate digital readouts displaying stroke rate, boat speed and times.

Coxswain The oarless crew member who is responsible for steering and race commands; the coxswain either sits in the stern or lies in the bow of the boat.

Engine room The middle group of rowers in the boat. In an eight, this is generally seats 3, 4, 5 and 6. They are generally the biggest and strongest rowers.

Gunwales The top rail of the shell.

Hatchet blade Oar blades that have a more rectangular shape. (see Macon blade)

Heavyweight A rower who weighs more than the restrictions for light-weight rowing.

Lightweight A rower whose weight allows him or her to be eligible to compete in Lightweight rowing events.

Macon blade Oar blades that have a curved shape. (see Hatchet blade)

Port A sweep rower who rows with their oar on the left side of the boat.

Sculler A rower who sculls—rows with two oars.

Seat numbers A rower's position in the boat, counting up from the bow. In an Eight, the person closest to the bow of the boat is "bow," the next is 2, followed by 3, 4, 5, 6, 7 and finally 8 or "stroke."

Starboard A sweep rower who rows with their oar on the right side of the boat.

Sweep A rower who rows with one oar.

Stroke seat The rower closest to the stern of the boat, responsible for the stroke rate and rhythm.

Hard on port (or starboard) The rowers on that side of the boat must row harder (and the opposite side must row slightly easier) in order to facilitate a sharp turn.

Easy To stop rowing hard.

Hold water Stop the boat.

Check it down Square the oars in the water to stop the boat.

Let it run To stop rowing and put the handles of the oars to the gunwales out in front of the rower in such a manner that the oars are parallel to the water, yet not touching. This allows the boat to glide for a distance.

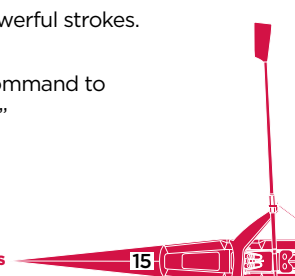
On the square To row without turning the blades on the recovery.

Weigh-enough or "Wain...nuff" To stop whatever the rower is doing, whether it be rowing or walking with the boat overhead.

Power 10 A call for rowers to do ten of their best, most powerful strokes. It's a strategy used to pull ahead of a competitor.

In 2... Most water commands are appended prior to the command to take place after two strokes. For example "In 2, Wain...nuff"

SOURCE: ADAPTED FROM USROWING



BOAT AND OAR NOMENCLATURE

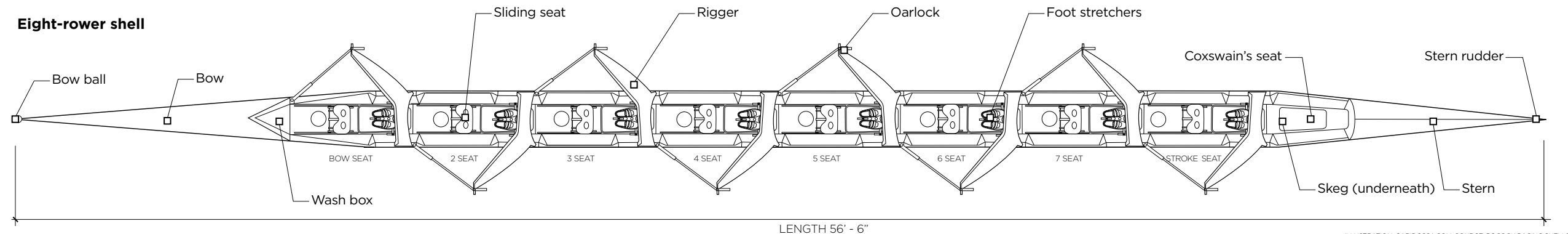
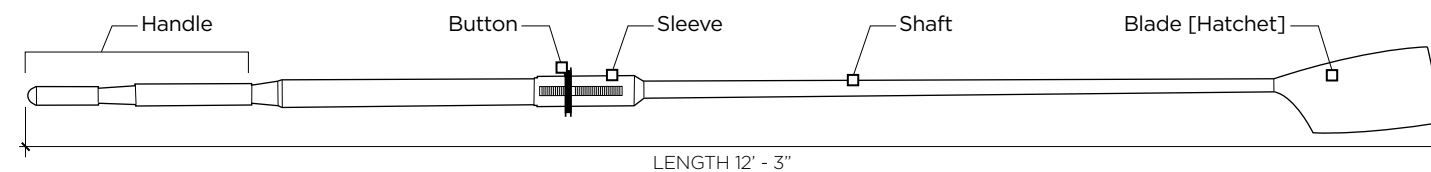


ILLUSTRATION: CARIDOSSA.COM; SOURCE: POCOCK RACING SHELLS

Shell construction

Rowing shell construction has greatly evolved since the days of entirely wooden boats. Today's boats are considerably lighter and stiffer, thanks to the use of space-age technology such as aircraft aluminum, carbon fiber and honeycomb construction.

Sweeping oar



Sculling oar

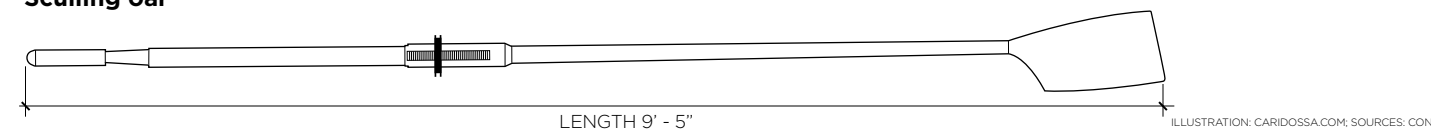


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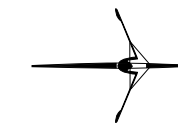
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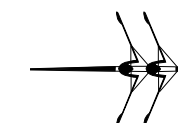


BOAT SPECIFICATIONS



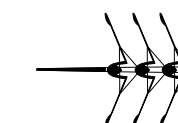
Singles Sculls (1x)

Singles are boats about 26 feet long, 11 inches wide and weighing some 30 pounds, propelled by one person with two oars.



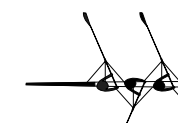
Double Sculls (2x)

Doubles are approximately 32 feet long, 13 inches wide and weigh about 59 pounds. They are boats propelled by two people with two oars each.



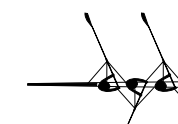
Quadruple Sculls (4x)

Quads are generally 42 feet long, 21 inches wide and weigh approximately 114 pounds. They are propelled by four rowers with two oars each.



Coxed Fours (4+)

Coxed Fours are about 42 feet long, 21 inches wide and weigh roughly 112 pounds. They are propelled by four rowers with one oar each, and are steered by a coxswain.



Coxed Eights (8+)

Eights are approximately 60 feet long, 26 inches wide and weigh nearly 211 pounds. The boats have eight rowers with one oar each, and a coxswain to steer the boat.

ILLUSTRATION: SHERRY PROCTOR; SOURCE: FEDERATION INTERNATIONALE DES SOCIÉTÉS D'AVIRON (FISA)

← BROWN ROWS FOR THE CURE



THE ROSE BOWL OF ROWING

ANDY ANDERSON

Time was, the Head Of The Charles was like baseball spring training for collegiate eights. Sure, it was nice to do well, but it didn't mean much. Things have changed. The HOCR has become the *de facto* beginning of the collegiate rowing season. Oh sure, most programs still profess that the fall is a low-key time, that these results don't mean much. But any time you get a bunch of high-octane athletes in front of huge crowds like those at the Head Of The Charles, it's going to be highly competitive. "Being in front of all those people gets the guys really excited," says Mike Teti, coach of the University of California, Berkeley men. It's the biggest event in rowing in our country."

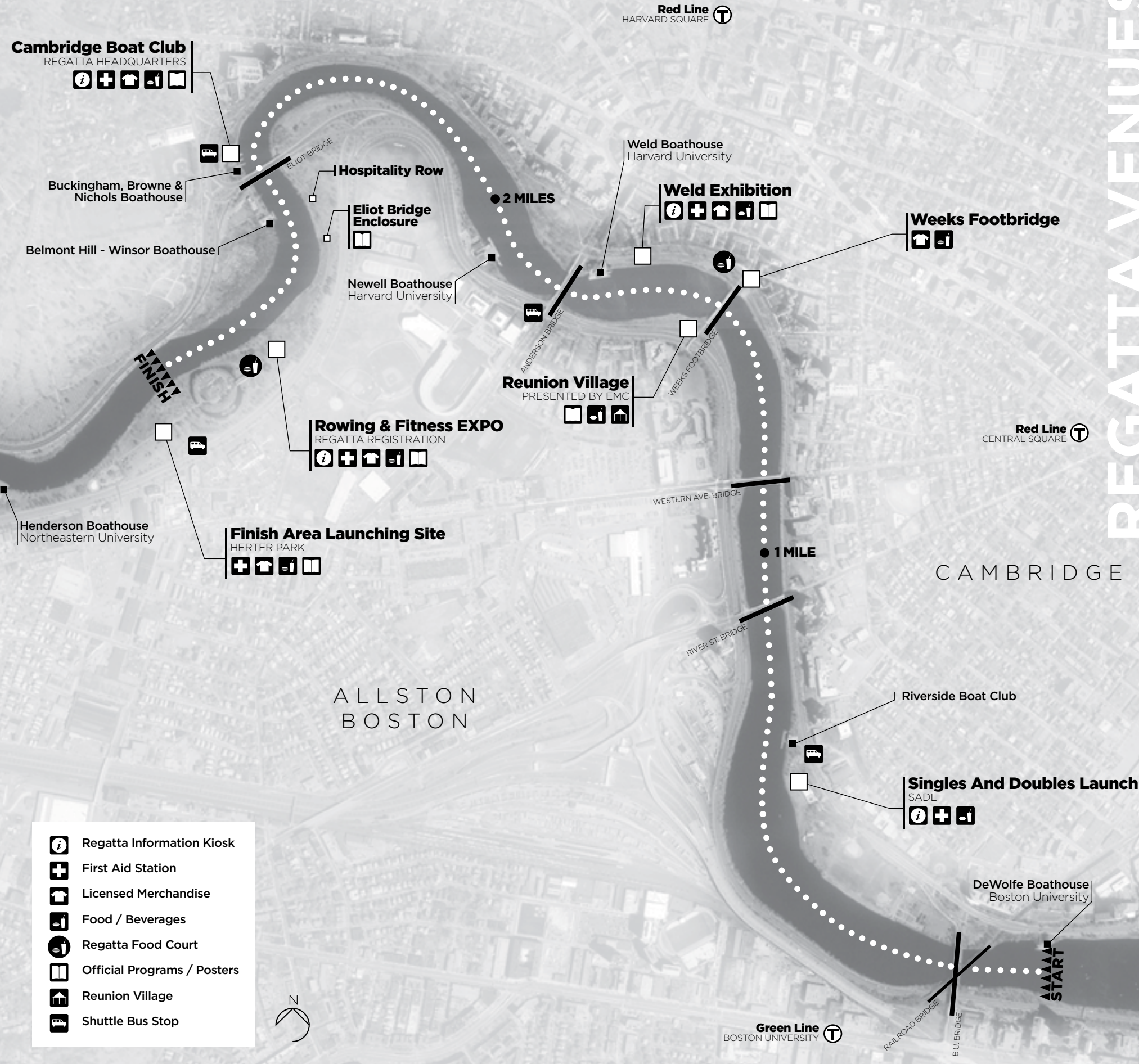
There was a time when doing a "Head piece" meant rowing three miles at a 30 or 32, concentrating on swing or rhythm, not pushing too, too hard. No more. The top eights will row 36 down the course without thinking about it. The ubiquity of the erg changed the fall; now the river is teeming with men and women who have been training most of the year; they are here ready to let it rip. Teti's archrival agrees. "Our guys train all year for the opportunity to come East and throw down against the some of the world's best in one of the most prestigious arenas for our sport," says Michael Callahan, coach of the

University of Washington men. With the bulk of the sport's elite sweep oarsmen and women away in New Zealand for the World Championships at the end of October, the Championship Eights will be a contest between the country's top collegiate programs. And if the last two years tell us anything, there will be no bigger grudge match than the men's eights from the universities of California and Washington. At last year's Head, Cal was the top placing college, finishing second to the Tideway Sculling All Stars. They were .24 of a second ahead of Washington over the three mile course. Just over seven months later, at the Intercollegiate Rowing Association Regatta in June, 2010, the Golden Bears sprinted past the Huskies in the last 400 meters to win a National Championship by .27.

The previous year, Washington won the IRA by .9 over California. Care to guess who the top collegiate eight was at the HOCR in 2008? That's right, Washington beat California by 5 seconds. So in each of the past two years these great rowing schools have finished first and second in both the HOCR and the IRA. "The last few years we have been a part of some incredible races, and that has elevated the level of rowing between both schools," Callahan said "We continually push each other for excellence." >

< UNIVERSITY OF WASHINGTON IN THE FINAL STRETCH IN 2009

PHOTO: CARLOS RIDRUEJO | CARIDOSSA.COM



RACE COURSE MAP AND VENDOR LOCATOR

WEEKS FOOTBRIDGE

- Regatta Licensed Merchandise
- Cascadian Farm Organic
- Chobani Greek Yogurt
- Delicious Living Magazine
- Dr. Oetker
- Dunkin' Donuts
- Greyhound Bus Lines
- LÄRABAR
- Mohegan Sun
- Muir Glen Organic
- Nescafe Taster's Choice
- Ronzoni Smart Taste
- Turkey Hill
- WFNX / Phoenix Media

WELD EXHIBITION

- Regatta First Aid
- Regatta Information Center
- Regatta Licensed Merchandise
- Regatta Results
- Regatta Sales
- Brooks Brothers
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- Dana Hall School
- Dartmouth College Alumni
- Deerfield Academy
- Emory University
- Franklin and Marshall College
- Georgetown University Alumni
- Groton School Alumni
- Hamilton College
- Harvard Law School
- Harvard University
- Hobart College
- Kent School Boat Club
- King's Crown Rowing Association
- Lesley University Alumni Association
- MIT Crew
- Mount St Joseph Crew
- Phillips Academy
- Phillips Exeter Academy
- Princeton University
- Saint Joseph's University
- Smith College
- St Mark's School
- Tabor Academy
- The American School in London
- The Oxford and Cambridge Society
- University of Chicago
- University of Delaware
- University of Massachusetts - Amherst
- University of Rochester
- University of Wisconsin
- Villanova University
- Washington College
- Wayland-Weston Rowing Association
- Wellesley College

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- Regatta Awards
- Regatta Licensed Merchandise
- Regatta Results
- Regatta Weigh-In
- Regatta Sales
- AccuDock
- Active Tool
- ALINE Systems
- AMI Graphics
- Barowsky's Organic Bread
- BoatHouse Deli
- Boathouse Sports
- Bondi Band
- Braca-Sport
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- Sport Graphics, Inc.
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- Vespoli USA
- WaterRower Inc.
- WinTech Racing

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PHOTO: © SPORTGRAPHICS.COM

< UNIVERSITY OF CALIFORNIA AT 2010 IRA'S

> In both Berkeley and Seattle, everyone wants to be in the boat that comes east for the Head. Teti calls it the "Rose Bowl" of rowing. He flies his crew out on the redeye to make the trip affordable, and he selects the eight through a series of 4k pieces and a 30 minute erg. Washington primarily trains in pairs in the fall. On the Tuesday before the HOOCR, Michael Callahan has his team compete over 6,000 meters to determine the group that goes to the Charles. Coming east and racing at the Head is a goal of every West Coast oar.

In the spring, these two schools race each other in a dual race—where the cup for the winner is named for Dutch Schoch, father of Head Of The Charles Regatta director Fred Schoch—and against the Pac 10, and at the IRA. But it all gets started in the fall. "Look, we don't

talk about Washington all year long," says Teti, "but our programs are so intense that every time we race them it's a war."

Look for both crews to be fast on

Wisconsin, Brown and Princeton will all be gunning for the top spots. And in this Regatta, where knowing the river is a big advantage, expect that Harvard,

Teti calls the HOOCR the "Rose Bowl" of rowing, selects the eight through a series of 4k pieces and a 30 minute erg and flies them in on the red eye to make the trip affordable.

Sunday because this is a big one and because the recent history tells us that the HOOCR is a good predictor of spring speed. And don't forget that there are a bunch of eastern crews with their hearts set on knocking off the westerners. A recharged Cornell, always-strong

BU, and Northeastern will all be trying to knock off these powerhouses. The West Coast is here to race the East. And each other.

ANDY ANDERSON, A MEMBER OF THE NATIONAL ROWING HALL OF FAME, AUTHOR OF THE COMPLETE DR. ROWING, COACHES AND TEACHES AT GROTON SCHOOL IN GROTON, MASS.



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The HOOCR has become the *de facto* beginning of the collegiate rowing season.

← WASHINGTON'S BOW 1 PASSES UNDER ELIOT BRIDGE

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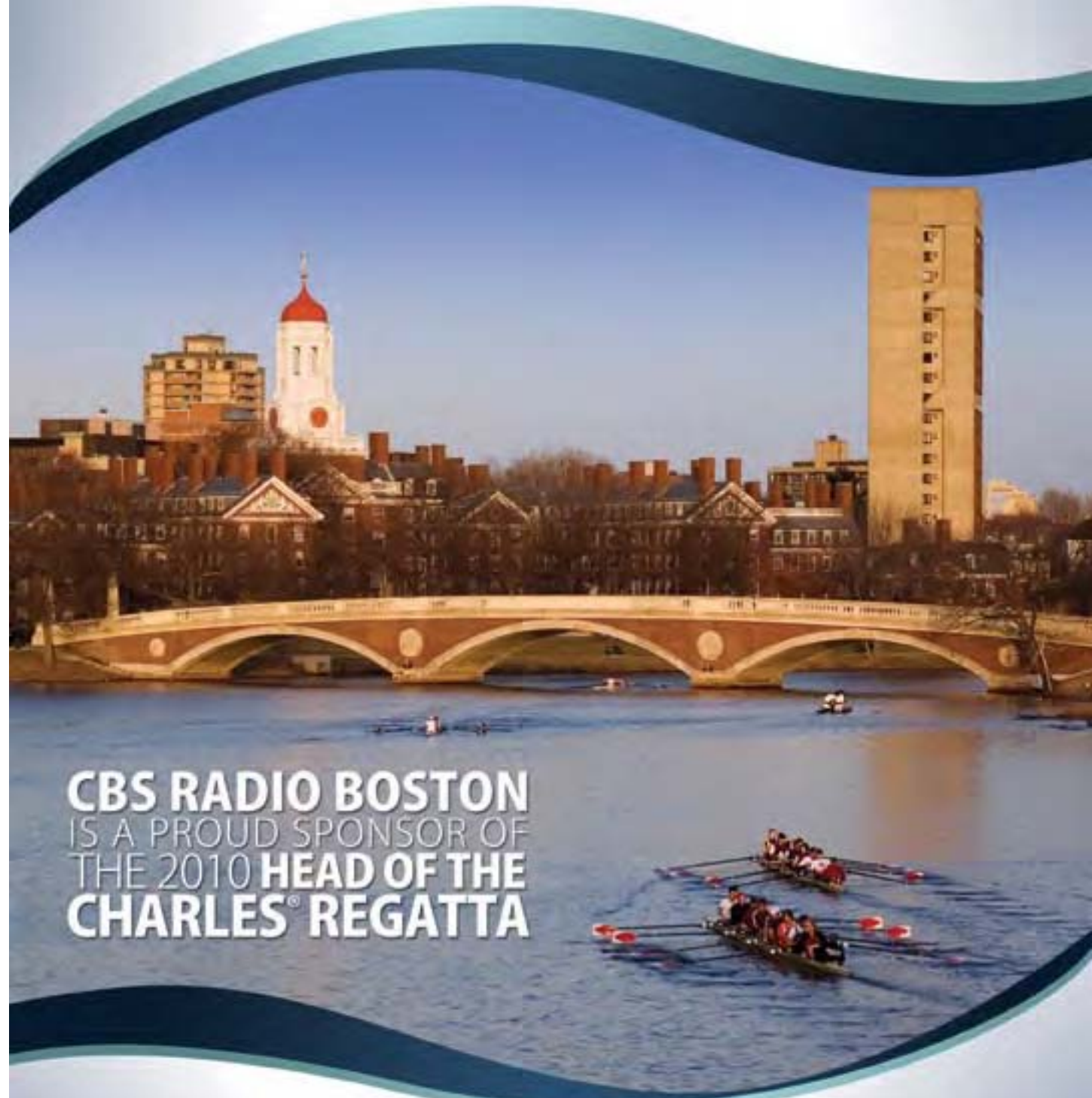
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PASSING THE TORCH

**THE PARENT-CHILD
DOUBLE EVENT**

DAN BOYNE

For Cambridge Boat Club member Blair Crawford, the parent-child double scull event at last year's Head Of The Charles seemed like the perfect opportunity to provide his 13-year-old son with a window on the sport and a way to experience the thrill of racing.

"When you've spent some 30 years of your life pretty devoted to an activity, you always hope that your kids will at some point come to share that same love," said Crawford. "The trick is how to let them discover it for themselves and not force the sport on them."

Crawford stands 6' 6" and his eldest son barely crests his shoulder; at the 2009 HOCR they sculled down to the starting line with only a few practices under their belt. They had never raced together before and Aidan had actually just learned how to scull that summer. As they made their way under the BU bridge, Crawford realized that they had never even traveled this far downstream.

For many, like the Crawfords, the parent-child race at the Head Of The Charles is an opportunity not only to partake in a world-class athletic competition, but the chance to share a profound family moment as well.

"For me, the finish line celebration >

< THE CAMPBELLS IN THE INAUGURAL PARENT-CHILD EVENT



◀ KRISTEN AND 11-YEARS-OLD WILLIAM ERIKSON

› and coming into the landing stage to cheering friends and family is the stuff of proud father-son moments,” said Blair Crawford.

Several boats behind the Crawfords, wearing orange, and sporting bow number 17, was the mother-son team of Kristen Erikson and William Erickson Bass from Connecticut. William was, at 11-years-old, the youngest rower in the field, but he had been sculling since the age of eight. The two attended the Craftsbury Sculling Center the previous summer and completed the informal Head of the Hosmer at camp’s end. They were dedicating their efforts that day to William’s father, Jonathan, who died of brain cancer in 2007— the same HOCR weekend that wife Kristen was competing in a single.

“To be able to race in Jonathan’s honor was an extraordinary opportunity,” wrote Kristen Erikson. “My son cried

›

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◀ 2009 WINNERS MICHAEL CATALDO AND MICHAEL CATALDO, JR.

rowing rather late in life, at age 51, and Jayne had only recently gotten serious at the Three Rivers Rowing Club in Pittsburgh after graduating from Bates, the two had recently won a medal at Master's Nationals.

“There are certain ‘snapshots’ of particular moments in particular places, that stand out,” said Bill Kirber. “Rowing down the Charles with Jayne, both of us tired and cold but not quite yet completely exhausted, happy with our effort and shared experience, is certainly one of them.”

A few places in front of the Kirbers were another father-daughter duo—Ernie and Kate Parizeau. Kate had first learned to row at Nobles & Greenough School and then raced at Dartmouth. Ernie was an ex-Dartmouth oarsman too, brought back into a boat by nagging knee issues at age 43. He now had ten years of sculling under his belt, but neither Kate nor he had ever raced in a double before and their practices were limited to a few outings.

“I felt especially honored to be able to compete in an event with my child,” wrote Ernie Parizeau. “I had often coached my children’s sports teams, but this was the first time that I had the opportunity to have a child as a teammate. What a wonderful gift!”

As the boats made their way up the course, all of the varied, pre-race goals soon gave way to the reality of the grueling race.

“Just completing the Head Of The Charles is a real challenge,” explained HOOCR board member Marcia Hooper, “it’s like a marathon in the sense that it can be quite brutal.”

Hooper originally came up with the idea for the parent-child double scull event two years ago, proposing it as interesting and fun event that would not

only be quite popular, but also serve as a way to build an endowment—the entry fee to the Directors’ Challenge includes a donation to the HOOCR endowment—for the Regatta for many generations to

For many, the parent-child race at the Head Of The Charles is an opportunity not only to partake in a world-class athletic competition, but the chance to share a profound family moment as well.

come. Equally important, the race would provide an immediate, shared experience for parent and child.

The experiences of these racers would suggest that Hooper’s instincts were quite prescient.

“The feeling was one of complete intoxication,” said Barbara Apignani, “of physical and mental contentment. We had a joyful row back to the boathouse just after sunset. We were the last boat on the water, and watched the glimmer of our stern and bow lights reflect off the water as we paddled along, slowly, lingering on the river for as long as possible.”

DAN BOYNE, AUTHOR OF THE BOOK, *KELLY: A FATHER, A SON, AN AMERICAN QUEST*, ABOUT OLYMPIC SCULLING CHAMPIONS JOHN B. KELLY SR. AND JR., IS DIRECTOR OF RECREATIONAL ROWING AT HARVARD UNIVERSITY, IN CAMBRIDGE, MASS.

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out after the race ‘that was the most adrenaline I’ve ever felt.’ For me the race was both exciting and quite spiritual.”

Still further back was the mother-daughter team of Barbara Apignani and Serena Blacklow, hands freezing as they waited for the starter to call them forward. Both were racing for the first time. Three miles upstream was the finish line, welcome for any racer, but for this mother-daughter boat, a goal with a far greater significance on this day. Barbara is a recent breast cancer survivor, and the finish line, she had determined, would mark the symbolic end of her illness.

Bill Kirber and his 30-something daughter Jayne had each already raced once that day, Bill in the Senior Master 2x and Jayne in the women’s master eights. Although Bill had come to

2010 OFFICIAL CHARITIES



Founded in 1916, the **Cambridge Community Foundation (CCF)** strives to meet the most vital human service needs of the Cambridge, Massachusetts community. The Foundation's focus is on funding direct human services by initiating programs and working through agencies serving in these areas: Early Childhood Services "A Healthy Start"—for babies, preschoolers, and their families; Youth Services "Opportunities for Children and Youth"—to grow into healthy, productive citizens; Senior Services "Support for Our Seniors"—services, activities, and volunteer opportunities; Community Services "A Welcoming Community"—ensuring access to services and resources for new immigrants, underserved groups, and vulnerable individuals; Emergency Outreach "A Community that Cares"—addressing hunger, homelessness, and violence; Arts & the Environment "A Lively, Livable Community"—encouraging creativity and caring for our environment.

FOR MORE INFORMATION: visit www.cambridgeccf.org, contact the Foundation at 99 Bishop Allen Drive Cambridge, MA 02139, or call 617-576-9966.



Community Rowing, Inc. (CRI) is the largest public access rowing club in the United States. Founded in 1985, CRI is dedicated to involving a racially and economically diverse group of people with a wide range of physical abilities in the Olympic rowing discipline that develops fitness, teamwork and strength. CRI offers learn to row, recreational, competitive adult and youth programs and includes opportunities for people who have physical disabilities, people with visual or hearing impairments, people who have intellectual disabilities, and programs that serve Veterans of the US Military. Membership and program fees are what keep CRI afloat. However, the organization is committed to making rowing affordable for anyone who wants to take part. Donations to CRI support scholarships, equipments costs and special programs such as G-ROW, CRI's after school rowing program for more than 300 girls from the Boston public schools.

FOR MORE INFORMATION: call 617-779-8267 or visit www.communityrowing.org

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- Nick Danilo** Senior-Veteran Singles Men
- Arthur Holcombe** Senior-Veteran Singles Men
- Daniel Ellis** Club Singles Men
- Ken Iscol** Senior-Veteran Singles Men
- Saman Majd** Grand-Master Singles Men
- Heidi McGee** Senior-Master Singles Women
- Jim Miller** Veteran Singles Men
- Richard de Neufville** Senior-Veteran Singles Men
- Ernie Parizeau** Grand-Master Singles Men
- Bart Pasternak** Senior-Veteran Singles Men
- Frank Porter** Senior-Veteran Singles Men
- Sean Maloney** Men's Grand Master Single
- Daniel Schley** Grand-Master Singles Men
- Heidi Schley** Women's Grand Master Single
- A. Hugh Scott** Veteran Singles Men
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IN MEMORIAM

REMEMBERING ALAN FISCHER

ALAN DAY

Alan Fischer PhD. volunteered on the regatta for decades before his death in February of this year. Alan was a quietly dynamic man whose dedication and effective contributions to the race were matched by his caring and concern for those around him. He served as the Race Director and during that period we all experienced his organizational prowess as well as his calm way of inspiring us all to give our best efforts for the good of the racers and the care and respect for the thousands of people who volunteer each year to help run the regatta.

It seemed even the most chaotic events didn't disturb his calming presence, or his consistent focus on the wellbeing of the people around him. The regatta involves many moving parts, with over 8,000 racers, 1,400 volunteers, and typically 300,000 spectators. But Alan never seemed flustered, nor did he ruffle anyone's feathers as he led us to pull together and do our best to carry off the Regatta as best we could. His patience and perspective set a standard that we all strive to reach each year.

Alan fought a brave battle with cancer for seven years, but continued to row actively, and attended and sup-

ported the Regatta during those years. His rowing partner, Marc Garnick, said of Alan that his determination to keep living inspired others and impressed medical professionals. "No one had seen the kind of fortitude and courage of this guy," Garnick said. "He never said, 'Why me?' Never once did he say, 'What did I do to deserve this?'"

Alan served tirelessly as a member of the Board of the Cambridge Boat Club until his passing. His courage, caring, and dedicated service will be missed by those of us who knew him, and his leadership and effectiveness will long serve as an inspiration to those of us who try to follow in some small way in his footsteps.

I remember talking to Alan at the last Head Of The Charles he attended. From that day to this I was awed by that conversation. By then he knew his time was very short, and calmly acknowledged that fact. He then went on to revel in the wonder of the day, the excitement and happiness of those around him, the amazing pageantry of the Regatta. The day was a gift, he said, being among so many long-standing friends and the many others who knew and loved him.

ALAN DAY IS THE SENIOR CO-RACE DIRECTOR OF THE 2010 HEAD OF THE CHARLES REGATTA.



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IN MEMORIAM

REMEMBERING LARRY CABOT

ALAN DAY

Larry Cabot grew up just up the street from the Cambridge Boat Club and was a part of rowing on the Charles River for most of his 74 years. He rowed at the Belmont Hill School, at Harvard, and at the Cambridge Boat Club. For more than 40 years he coached the crew at the Buckingham, Browne & Nichols School. His death this past year left a big hole in the Charles River rowing family.

Larry was the best of the sport of rowing, the Head Of The Charles, and the city of Cambridge. His quiet confidence, dedication to success, and easy compassion made everyone around him the better for knowing him. At Cambridge Boat Club events, he was always at the bar, ensuring everyone was happy and safe. He led nearly every committee at the club at one time or another. It was the same at the Head Of The Charles: he rowed, coached, and helped in countless ways in running the regatta over the years.

At BB&N, he taught as well as coached, and inspired his students to learn and to live life well and fully. Speaking at Larry's memorial, a former student told of how Larry was a source of both inspiration and support in the French class they had together, and how that teacher-student relationship flowered into a deep friendship in the

years they shared as fellow club members and oarsmen.

At Larry's memorial I sat between two of his childhood friends who recounted boyhood exploits and pranks with a mixture of laughter and tears at having had the fortune of such a good lifetime buddy. Larry had a rare ability to make and keep friends for a lifetime, friends who loved his gift for loving life, and respected Larry's ability to live with honor and dedication.

Away from the water, Larry loved going to the opera, and filled his life playing the classical guitar and creating model boats. He was a proud and loving father to his daughters, Heloise and Eleonore. And he had a lifetime love affair with his wife Joelle. For those of us who knew them, it was like watching a romantic movie, so sweet and kind was their relationship.

Larry was a huge contributor to the Head Of The Charles since its earliest years. He served us as a Trustee and dedicated volunteer every year without fail. The Regatta is the success it is today because of the dedication and abilities of people like Larry. We are the better for knowing him as a friend. We are grateful for having had him amongst us. We miss him.

ALAN DAY IS THE SENIOR CO-RACE DIRECTOR OF THE 2010 HEAD OF THE CHARLES REGATTA.

A MESSAGE FROM THE EXECUTIVE DIRECTOR

FREDERICK V. SCHOCH

On behalf of the Cambridge Boat Club, the 2010 Race Committee, Race Operations Group and my staff, I welcome you back to the Head Of The Charles Regatta. In this my twentieth season at the helm of the Regatta, I continue to marvel at the talent and commitment shown by those who contribute so generously to the traditions of the past and the innovations for the future of our Fall Rowing Festival.

A year ago, I wrote in this column that the “financial journey” to provide the necessary funding for this event was indeed challenging. EMC, the international data storage giant, was a heroic last minute sponsor whose participation changed the outcome of our year. Still, 2009 was a delicate budgetary balancing act in a drought-stricken sponsorship environment. Expecting a similar experience this year, in what some economists have dubbed the “worst economic downturn since the Great Depression” I was prepared for a long season of corporate rejections.

Imagine my surprise when brands such as EMC, Brooks Brothers, Lincoln, and Delta Air Lines made commitments to support us this year. With considerable gratitude we all thank these financial pillars supporting the Head Of The Charles.

EMC will have a strong presence this year at both the Weld Boathouse area and

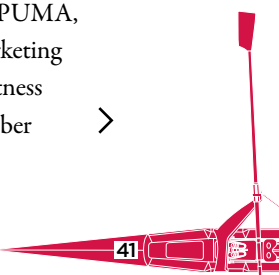
the Rowing and Fitness Expo, engaging interested parties in discussions about work opportunities with their global brand. Brooks Brothers, our proud new Official Apparel Sponsor, will construct two retail shops along the river and sell co-branded clothing that will surely be a hit with all attendees. Watch for our many volunteers on site wearing the jacket custom-designed by Brooks and the HOCR staff.

This year, Delta Air Lines will present the Eliot Bridge Enclosure, located directly upstream of the Eliot Bridge. This upscale, semi-private tent offers alumni, parents, rowers, and friends a place to sit and dine during the Regatta weekend. Thank you, Delta, for helping us put together many great amenities for this unique location.

Lincoln, Ford’s luxury automotive division, will join us for the first time as our Official Automobile. Touting their new MK line of vehicles, look for stylish cars parked along the river at key locations and be sure to stop by and check out their new models for future consideration. Keep an eye out for one lucky Directors’ Challenge entry taking their trip down the river as winners of the Lincoln Test Drive promotion.

Returning also in 2010 will be Tretorn Footwear. A division of PUMA, Tretorn will be set up at Weld marketing area as well as the Rowing and Fitness Expo. Look for their colorful rubber

◀ CHASING THEM OUT



> boots, the perfect footwear for rowers!

New this year will be fashion bag titan Dooney & Bourke. Be sure to stop by one of their two kiosks—at the Weld boathouse area and the Rowing and

Dogswell, Dr. Oetker's, Dunkin' Donuts, Greyhound, Microsoft, Mix Healthy Lifestyle Tour, Mohegan Sun, Muscle Milk, Owens Corning, Sunlight Solar, V8 Juice, and Turkey Hill.

Of course, the weekend would not be complete without a visit to the Rowing and Fitness Expo, near the finish line. Get a first-hand look at the rowing equipment manufacturers and apparel brands that support the rowing community. There you will also see products from Sperry

Topsider, Shimano, Concept2, WinTech Racing, Hudson Boat Works, and many, many more.

A group of very important in-kind sponsors also help the Regatta. They are: USRowing, The Liberty Hotel (our official hotel), CBS Broadcasting, The Phoenix Media Group, The Boston Globe, Fleming's

Steakhouse & Wine Bar, Whaleback Systems, Boston Copy Associates and Olympia Moving and Storage.

Finally, we thank Commissioner Rick Sullivan and Janice Parlon, Manager of Special Events of the Massachusetts Department of Conservation and Recreation (DCR), for their support and partnership, without which the Regatta could not exist.

Good racing to all competitors and may your trip down the Charles be speedy, rhythmic and powerful! Enjoy the weekend and we'll look for you again in 2011 on October 22nd and 23rd.

F. V. Schoch

FREDERICK V. SCHOCH IS THE EXECUTIVE DIRECTOR OF THE HEAD OF THE CHARLES SINCE 1992.

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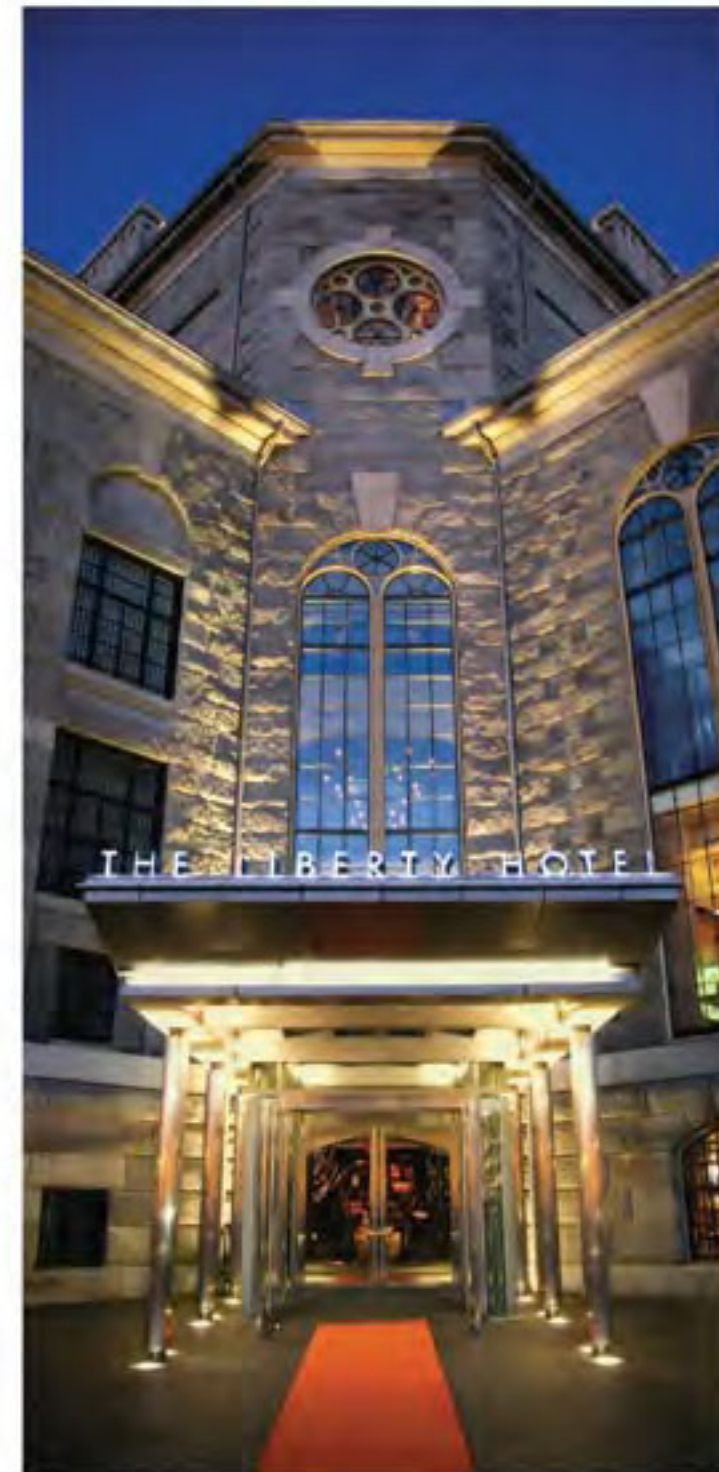
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